

## Keep H1N1 from Infecting Your Bottom-Line

CASF Safety Committee recently held a session to discuss the preparation for a possible H1N1 outbreak. Jill Rosenthal, MD, Area Medical Director for Concentra Centers hosted an informative presentation detailing the latest information from the Center for Disease Control. The primary focus of the presentation was directed towards the business community and how we can all become better prepared and informed about H1N1.

### A Word from the CDC

Influenza (*the flu*) is a contagious respiratory illness caused by influenza viruses. It can cause mild to severe illness, and at times can lead to death. Each year in the United States, on average more than 200,000 people are hospitalized from flu-related complications, and about 36,000 people die from flu-related causes. This flu season could be worse. There is a new and very different flu virus spreading worldwide among people called 2009 H1N1 flu. This virus may cause more illness or more severe illness than usual. During the 2009-2010 flu season, we expect both seasonal flu and 2009 H1N1 flu to circulate.

### H1N1 and Your Business

The health of employees during an outbreak such as H1N1 influenza plays a critical role in the continued operations of a business. Business operations that require close contact with fellow employees and the public face special considerations in preventing the spread of infectious diseases. They are:

- Create a customized plan for your company in preparation for an H1N1 outbreak
  - Involve all employees in the plan
  - Define your essential business activities
  - Assign an individual or team to handle all health-related communication and corporate procedures
  - Protect your employees - especially high risk individuals
  - Maintain business operations
  - Minimize adverse effects between employees, clients and vendors
  - Prepare to take aggressive action and encourage early treatment
  - Incorporate a routine cleaning plan for commonly used items such as phones, door knobs and keyboards
  - Extend a "stay-at-home" policy (3 - 5 days)
  - Provide key supplies to all employees including respirators, hand sanitizer, antibacterial soap, sanitizing wipes and facial tissues
  - Communicate and educate
  - Cross-train employees to cover for ill workers and utilize part-time or temps if necessary
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## Member News

December 2009  
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Florida

For the third consecutive year, **Pirtle Construction Company** raised significant funds to support educational institutions in South Florida. Proceeds from its third annual Charity Golf Tournament held on October 2nd at The Biltmore in Coral Gables benefiting Florida International University.



Pirtle presents FIU \$41,500

**Proietto Painting, Inc.**, along with Construction Manger, Hewett-Kier, announce the completion of the largest single-ship cruise terminal in the world. Terminal 18, located at Port Everglades.



Port Everglades Terminal 18

The Grand Opening took place on Friday, November 6 allowing visitors the opportunity to view the new terminal.



Don't Forget!  
Bring a toy for ChildNet!

# A Commitment to Quality in Fire Protection

Each month Construction FOCUS features a CASF member company, selected by drawing a business card from among those attending the monthly networking breakfast. The next breakfast, sponsored by MJ Simpson Corporation, will be held on Thursday, December 10, 7:30 a.m. at the Courtyard by Marriott-Cypress Creek in Ft. Lauderdale.

**N**orthstar Fire Protection, since its founding over 25 years ago, is a company fully staffed by contracting professionals with a shared commitment to quality in fire sprinkler and suppression systems. Through experience and innovation, Northstar has designed and installed thousands of projects both large and small to successful completion, protecting both life and property. They have continued to grow and innovate, while putting focus on delivering high quality fire protection systems.

Northstar Fire Protection has designed and installed thousands of fire protection systems including; Wet Pipe, Dry Pipe, Deluge Spray, Pre-Action, Halon\FM 200, CO2, Foam, Dry

Chemical, High Pressure Mist Spray and Pump\Standpipe. Northstar is a company devoted to serving the construction industry with full fire protection capabilities, from design build to plan and spec projects. They employ licensed Professional Engineers and Nicet Certified designers who design and hydraulically calculate systems that best satisfy the needs of the customer. Head locations are chosen to provide the most aesthetically pleasing layout while maintaining the integrity of the fire suppression system. Northstar engineers the pipe sizes and routing to ease the coordination and installation processes, allowing projects to be completed ahead of time and under budget.

Northstar Fire Protection

has a vast amount of experience retrofitting and upgrading existing systems to today's standards. They are also very experienced in 3D modeling and coordination. Pump rooms are designed in 3D using HydraCAD and AutoCAD to ensure the pumps and controllers meet code and fit into the smallest rooms possible. Northstar has taken part in numerous projects that require fire protection to be designed and coordinated in 3D. They have participated in using Navisworks and Revit to accelerate the coordination process and speed system installations. Their designers are adept in creating 3D models of the complete building including the architecture, structure, and fire protection to provide a real-time walk through of the building to view the various elements. 3D models also provide a real-world impression on their customers and a platform for coordination with various agencies.

Northstar has offices coast to coast including; Orlando, San Francisco, Las Vegas, Los Angeles, Columbus, Chicago, Philadelphia, and Minneapolis. Northstar Fire Protection's regional office is located at 230 North Dixie Highway, Bay 24, Hollywood, FL 33020. For more information, call Marshall Pitts or Colin Barnett at 954-744-4167, or visit their website at [www.nsfire.com](http://www.nsfire.com).

## CONSTRUCTION ASSOCIATION of South Florida

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♦CONTRIBUTING WRITER, **Gerry Klein**

Construction Focus is the official publication of the Construction Association of South Florida. Article suggestions and submissions for publication consideration should be forwarded to the Executive Vice President.



# 51st Annual Craftsmanship Award Winners



## **PAVERS**

**Marcos Petraveza** (Hollywood Stone)  
**Mauricio Gomes** (U.S. Brick & Block Systems Inc)  
**Fabrizio Darocha** (M.A.S. General Services, Inc.)

## **LANDSCAPING**

**Jim Aucamp** (Aucamp's Nursery & Landscaping)

## **CONCRETE REINFORCEMENT**

**Philaberto Zataras** (Davis Brothers Construction)  
**CAST IN PLACE CONCRETE**  
**Chris Vellor** (Davis Brothers Construction)

**Kevin Donahue** (JJW Construction, Inc.)

## **PRECAST CONCRETE**

**Manny Rodriguez** (Coreslab Structures (Miami), Inc.)  
**ARCH PRECAST CONCRETE**  
**Luis Baladares** (Old Tyme Construction, Inc.)

## **CONCRETE TILT-UP**

**Robert Bird** (Builders Plus, Inc.)

## **MASONRY**

**Jorge Gurreonero** (Central Broward Construction, Inc.)  
**Chris Marty** (Ron Kendall Masonry, Inc.)

## **NATURAL STONE**

**Paul Fitton** (World of Granite)  
**STRUCTURAL METAL FRAMING**

**Johnie Ezell & Dale Deuyour** (Lotspeich Co. of FL, Inc.)

**Kristian Gruenthal** (Gruenthal Construction)

## **METAL FABRICATION**

**Bryan Henderson** (Kux Graphics Architectural Products)

**Vernon Lowdenslager** (Southeastern Steel)

**Harrace Jackson** (Grundman Fabricators & Erectors, Inc.)

## **HEAVY TIMBER**

**Robert Price** (Structural Roof Systems, Inc.)

**Steve Klosowsky** (Structural Roof Systems, Inc.)

## **ARCHITECTURAL WOODWORK**

**Justin Rutan** (Cayman Nat'l Manfct)  
**Ariye Ratser** (Advanced Woodworking)

## **WATERPROOFING**

**Luis Javier** (Amorrortu Atlantic Roof Corporation)

## **EIFS**

**Andre Schlechta** (Lotspeich Co. of FL, Inc.)

## **ROOFING - TILES**

**Jose Valero** (Latite Roofing & Sheet Metal Company, Inc.)

## **FIRESAFING**

**Ramiro Morales** (Fire Stop Systems)

## **GLASS & GLAZING**

**Angel Garcia** (Crawford Tracey Corporation)

## **EXT GLASS & GLAZING**

**Juan Llanes** (Miller Glass & Glazing)

## **INTERIOR GLASS & GLAZING**

**Terrance Woods** (Miller Glass & Glazing)

## **DRYWALL FRAMING**

**Marcus Frady** (Sam's Drywall)

**Charlie Hughes** (Lotspeich Co. of FL, Inc.)

## **LATH, PLASTER & STUCCO**

**Ray Osborne** (B & B Interior Systems, Inc.)

**Dale Creech** (Jones Plastering)

**Jairo Castro, Hugo Morales and Gerry Sweeny** (Advanced Applicators, Inc.)

## **RESIDENTIAL STUCCO**

**Dale Creech** (Colonial Decorators)

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**Adrian Garcia** (Lotspeich Co. of FL., Inc.)

**Paul Myers** (B & B Interior Systems, Inc.)

## **EXTERIOR WALL TILE**

**Leonardo Pinedo** (B & B Contracting, Inc.)

## **TILE**

**Greg Nuzum** (Creative Touch Interiors)

**Julio Machado** (B & B Contracting, Inc.)

## **CONCRETE FLOOR FINISH**

**Martino Gonzalez** (Artistic Surfaces)

## **TERRAZZO FLOORING**

**Mateo Sebastian** (Artistic Surfaces)

## **CEILING**

**George Miranda** (Lotspeich Co. of FL, Inc.)

## **FLOORING - WOOD**

**Brad Christie** (DC Twin Company)

## **FLOORING - RESILIENT**

**Dave Gadd** (Floranada Floor Covering, Inc.)

## **WALL FINISHES**

**Joseph Diviak** (Brambiers Windows and Walls)

## **WALL COVERING**

**Stu Clark** (The Marker Group, LLC.)

## **PAINTING - EXTERIOR**

**Luis Barros** (Unicorn Painting, Inc.)

## **SIGNAGE**

**Curtis Nicholson** (Designer Sign Systems)

## **SECURITY & VAULT CONSTR**

**Gene Sarasky** (Security 101)

## **SECURITY & VAULT EQUIP.**

**Joe McCann** (Westfalia)

## **ART**

**Rubens Terce** (Daddona Studios, Inc.)

**Richard Curry** (Lotspeich Co. of FL., Inc.)

## **SWIMMING POOLS**

**Kenny Hart** (Dillon Pools, Inc.)

**Roy Rogers** (Weller Pools)

## **CRANE- RIGGING & HOISTING**

**Donnie Rolison** (DC Crane Service)

## **BUILDING SERVICES PIPING**

**Greg Sylvain** (Southeast Mechanical Contractor)

**Dale Champion** (AA Advance Air, Inc.)

## **ELECTRICAL**

**Manuel Hernandez** (Elcon Electric)

**Carlos Aleman** (Superior Electrical Contractors)

**Jesus Hernandez** (Elcon Electric)

## **ELECTRICAL CONDUIT**

**Otoniel Frometa** (Pomeroy Electric, Inc.)

**George Getman** (Pomeroy Electric, Inc.)

## **LOW VOLTAGE**

**David Basil** (Beck Associates)

# H1N1 Influenza

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- ◆ When an individual becomes ill - thoroughly disinfect their workstation
- ◆ All employees should be encouraged to get a seasonal vaccine
- ◆ Whenever possible increase social distance (3 - 6 feet)

## Impact on Business

- ◆ Up to 40% of employee absenteeism
- ◆ Depending on your business offerings there is a possible decrease or increase in demand for products and services
- ◆ Fewer employees available to maintain business operations
- ◆ Fewer clients

## Stay Healthy at Work

If your business uses text messages here are some you can send to your workforce:

- ◆ Maintain a healthy lifestyle through rest, diet, exercise, and relaxation.
- ◆ Wash your hands frequently with soap and water for 20 seconds or use an alcohol-based hand cleaner if soap and water are not available. Be sure to wash

your hands after coughing, sneezing, or blowing your nose.

- ◆ Avoid touching your nose, mouth, and eyes. Germs spread this way.
- ◆ Cover your coughs and sneezes with a tissue, or cough and sneeze into your elbow. Dispose of tissues in no-touch trash receptacles.
- ◆ Keep frequently touched common surfaces clean, such as telephones, computer keyboards, doorknobs, etc.
- ◆ Do not use other workers' phones, desks, offices, or other work tools and equipment. If you need to use a co-worker's phone, desk, or other equipment, clean it first.
- ◆ Don't spread the flu! If you are sick with flu-like illness, stay home. Symptoms of flu include fever (100 deg. plus) or chills and cough or sore throat. In addition, symptoms of flu can include runny nose, body aches, headache, tiredness, diarrhea, or vomiting. CDC recommends that sick workers stay home if they are sick with flu-like illness until at least 24 hours after they are free of fever without the use of fever-reducing medicines.
- ◆ Get vaccinated against seasonal flu, when vaccine is available in your area. If you are at higher risk for 2009 H1N1 flu com-

plications you should receive the 2009 H1N1 flu vaccine when it becomes available. People at higher risk for 2009 H1N1 flu complications include pregnant women and people with chronic medical conditions (such as asthma, heart disease, or diabetes).

## H1N1 Facts

- ◆ 1 - 4 days: Incubation period (time from exposure to virus to development)
- ◆ 3 - 6 days: Shedding period (shed infection from system)
- ◆ Spreads by breathing in droplets, touching infected person or surface and touching your face
- ◆ H1N1 is a Pandemic Flu which is a virus that spreads across the world affecting large populations
- ◆ Occurs unpredictably and in waves
- ◆ 87% of global deaths are aged 5 to 59
- ◆ South Florida's current death rates: Palm Beach 9, Broward 11, and Miami-Dade 30

*For all the latest information regarding H1N1 - please visit [www.cdc.gov](http://www.cdc.gov). Also Concentra provides helpful resources at [www.concentra.com](http://www.concentra.com).*

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CONSTRUCTION ASSOCIATION OF SOUTH FLORIDA

