

## CASF Officers and Directors

The 2013 Election was held and the Officers & Directors for 2013-14 will be installed at the 63rd Annual Installation banquet on Thursday, June 6, at the Renaissance Hotel in Plantation. The incoming officers are: **President - Craig Heiser**, Whiting-Turner Contracting, **First Vice President, Bob Baer**, Central Florida Equipment, **Second Vice President - Russell Anderson**, MOSS, **Secretary/Treasurer - Frank Frione**, GFA International and **Immediate Past President - Doug Wallace**, Stiles Construction.

The Directors elected for

the 2013-15 term are **Tim Anderson**, JWR Construction Services; **Chris Long**, Kaufman Lynn Construction; **Michael O'Donoghue**, Suffolk Construction; **Rick Schuerger**, John Moriarty & Assoc. of Fla. and **Jeff Slade**, Miller Construction Co.

Directors completing their term in 2014 are **Sid Blaauw**, Steel Fabricators; **Mike Fee**, Lotspeich Co. of Fla.; **Don Ferguson**, Cayman National Mfg.; **Justin Lord**, Central Broward Construction and **Mindy Szarowicz**, Baker Concrete Construction.

## Member News

June 2013  
Vol. 24, No. 06  
Ft. Lauderdale,  
Florida

**Sonitrol of Fort Lauderdale** has enhanced security for the dozens of toddlers at the Kids In Distress Preschool.

"Taking a fresh look at security as part of our long-term strategic plan, we asked Sonitrol of Fort Lauderdale President John Ray for advice," said Kids In Distress (KID) CEO Mark Dhooge.

"John and the Sonitrol team were amazing," Dhooge added. "They evaluated every aspect of campus security to help our planning process, and then stepped forward to upgrade the Pre-school's access control system."

Sonitrol linked the campus' existing security cameras and intercoms with new, state-of-the-art access control equipment the firm provided for the Preschool's gates. Staff in KID's main office can now see and speak with anyone who seeks Preschool access at gates on either side of the property. Sonitrol also provided more than 100 electronically coded key fobs, which allow pre-approved parents and guardians to enter.

**Plaza Construction** announced the promotion of Christopher Buscaglia to Director of Special Projects. With 18 years of design and construction experience, Buscaglia will play a key role in continuing and expanding Plaza Construction's excellence in the marketplace.



John Ray & Mark Dhooge



Christopher Buscaglia

INN ON 5TH  
NAPLES | FLORIDA



2013 CASF Summer Getaway & Planning Meeting  
August 16 - 18

(Cut-off date for room reservations is July 17, 2013)  
All CASF Members are Invited!

INSIDE:

**Fishing Tournament Pics & Results**

# A Leader in Commercial Fire and Security

Each month Construction FOCUS features a CASF member company, selected by drawing a business card from among those attending the monthly networking breakfast. The next breakfast, sponsored by Miller Construction Co., will be held on Thursday, June 20, 7:30 a.m. at the Courtyard by Marriott-Cypress Creek in Ft. Lauderdale.

WSA Systems was founded in 1975 by Rufus Webb and Bill Skillas. The company's philosophy is to always create value and provide service beyond their customer's expectations and to become the standard by which others in their field are judged.

With over 37 years of experience, the company has gained the trust and confidence of their clients based on industry talent, technology, and customer service. The company is dedicated to creating innovative solutions for all of their clients' security and life safety needs by providing timely, reliable, and cost effective products and services that effectively save lives, protect property, and

serve the common good. That is why each member of their staff has been carefully chosen for their competence, integrity, communication skills and personal values. This careful screening allows WSA Systems to truly function as a team. From fire to intrusion, to video surveillance to access systems,

WSA has every critical category covered.

The company currently employs 26

people and is continuing to grow. Some of the key employees include President Bradley Golub, Vice President Joe Delpizzo and Sales Manager Chuck Ruth, who has been with the company 22 years. "One of the best things about working for WSA is my boss, I have

the best boss!" says Ruth.

WSA is a systems integrator providing design, engineering, installation and maintenance on all Fire Alarm, CCTV, Card Access, Status Solutions, Nurses Call and intercom systems to the health care, commercial high rise and hotel/resort industries. WSA differs from their competitors by being certified in NESCO (Notifier), Vesda, Verex, Schneider Security, Brivo and several other manufacturers. Some recent projects they have provided for include the Boca Resort Club Cloister, Fort Lauderdale Airport Maintenance Building, Palm Beach International Airport, IKEA, Morselife, Mandel JCC, and the Palm Beach Water Utility Command Center.

WSA Systems- Boca Inc. just joined CASF this past year and they are definitely taking advantage of the many networking opportunities. "The thing I like most about CASF was winning the fruit basket at the networking breakfast and finding out about the history of the various companies and how they operate. CASF has helped our company by providing many opportunities to meet with the people you only deal with on the phone and through emails and building up a personal relationship has really helped our company," expresses Ruth.

WSA Systems- Boca Inc. is located at 442 NW 35th Street, Boca Raton, FL 33431. For more information call 561-393-2933 or visit [www.wsasystems.com](http://www.wsasystems.com).



## CONSTRUCTION ASSOCIATION of South Florida

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### OFFICERS

**Doug Wallace**, Stiles Construction Company, President  
**Craig Heiser**, Whiting-Turner Contracting Co., First Vice President  
**Bob Baer**, Central Florida Equipment, Second Vice President  
**Frank Frione**, GFA International, Secretary/ Treasurer

### BOARD OF DIRECTORS

•**Russell Anderson**, Moss & Associates •**John Bennett, Sr.**, Coastal Construction Group  
•**Sidney Blaauw**, Steel Fabricators, LLC •**Michael W. Fee**, Lotspeich Co. of Florida, Inc.  
•**Donald Ferguson**, Cayman National Manufacturing •**Jim Gough**, Balfour Beatty Construction Co.  
•**Justin Lord**, Central Broward Construction •**Richard W. Schuerger**, John Moriarty & Assoc. of FL.  
•**Jeff Slade**, Miller Construction Company •**Mindy Szarowicz**, Baker Concrete

### IMMEDIATE PAST PRESIDENT

**Bill Bower**, Southeast Mechanical Contractors

### PAST PRESIDENT

**Geoff Bunnell**, James A. Cummings, Inc.

•ASSOCIATION EXECUTIVE VICE PRESIDENT, **John C. Siegle**  
•FINANCIAL ADVISOR, **Robert Benson**, Crowe, Horwath, LLP  
•LEGAL ADVISOR, **Heath Eskalyo**, Kelley Kronenberg  
•CONTRIBUTING WRITER, **Genna Fisher**

# Overlooked Aspects of Fall Protection

Imagine the relief of a fallen worker when he realizes a fall arrest system has worked, saving him from a life-threatening plummet. Now imagine the panic that sets in when the worker realizes there is no rescue plan in place.

Unfortunately, even the most proactive companies tend to minimize or blatantly ignore the need for fall protection rescue. In fact, many in the industry believe rescue is the most overlooked aspect of fall protection.

The simplest plan is often the best; it just needs to be thought through in advance so that the right people and equipment are ready when needed.

## Prompt Rescue

How quickly do you need to rescue a fallen worker? An exact amount of time is not provided in OSHA regulations. OSHA guidance says only that employers must provide for prompt rescue in the event of a fall. Unfortunately, prompt is not defined.

So ask yourself, how long would I want to suspend in a full-body harness? When asked, most people say they wouldn't want to suspend longer than 15 minutes.

Although data doesn't provide one distinct timeframe, we know two things: (1) *hanging vertically in a harness can cause negative medical effects in a short timeframe, even in the absence of other trauma,* and (2) *the body's tolerance to suspension trauma varies significantly.*

## Rescue Pre-Work

It is ideal to consider rescue before fall protection solutions are selected and implemented. Doing this

allows you to consider options that eliminate rescue, such as engineering controls and fall restraint systems. Employers should understand that by choosing a fall arrest system, they are obligating themselves to develop a rescue plan and corresponding rescue training. These factors should be considered when initially selecting abatement solutions.

If you need to create a rescue plan or modify one for an existing system, answer these questions first.

1.) **Who performs the rescue?** Rescue procedures should involve both internal and external resources. At a minimum, workers on site need a plan to assess and rescue the fallen worker while the outside experts are responding. Engaging with your local rescue providers during the planning process can be extremely beneficial.

2.) **Where might rescue be performed?** It is important to consider how workers on your site are exposed to fall hazards.

3.) **What equipment do we need?** The types of fall arrest systems being used within your organization can impact the rescue equipment needed and the procedures required to rescue a fallen worker. This is vitally important in rescue planning because the type of fall arrest equipment will indicate where the worker will be after the fall.

4.) **How can we perform rescue here?** The final item in pre-work is to determine which methods you want to use to get a fall victim to the ground.

## Rescue Procedures

Once the pre-work is

addressed, specific procedures can be created to address each fall protection system. Specific items to include in your rescue procedures are:

- Type of rescue system
- Location of rescue anchorages
- Equipment needed
- Attachment to fallen worker's harness
- Required training
- Specific actions to achieve successful rescue

But even the best rescue procedures will be ineffective if they sit on a shelf or in someone's office. To ensure workers are prepared to execute a rescue if necessary, a coordinated program should confirm that workers are properly trained and rescue procedures are reviewed prior to system use.

## Post-Rescue

After a fall incident occurs, it is important to bring the fallen worker to the ground safely and quickly. It is also important to evaluate all aspects of fall protection after the rescue. *What could have prevented the fall? What could have worked better during the rescue?*

*Were the procedures properly followed -- or did we just get lucky?*

Don't get caught halfway protecting your workers. If you spend the time, money and resources to protect a worker who goes through a fall, you must take the next steps to ensure his safety. Rescue is not an afterthought or a good idea; it's an essential part of the planning and execution of your fall protection program.



**C O N S T R U C T I O N**

# FOCUS

CONSTRUCTION ASSOCIATION OF SOUTH FLORIDA

3500 NW 9TH AVENUE  
FORT LAUDERDALE, FL 33309

ROUTE TO:

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## Tom Tucker Memorial Fishing Tournament Results

**1st Place - Pontus (738.0 points)**

*John Held, Builders Plus, Inc.*

**2nd Place - O-Sea-D (674.4 points)**

*Doug Wallace, Stiles Construction Co.*

**3rd Place - Barefoot (558.4 pts.)**

*Joe Harris, MOSS & Associates*

**4th Place - Battle Wagon (457.6 pts.)**

*Art Scroggie, Bermuda Landscape*

**5th Place - Chips Ahoy (424.0 points)**

*Glen Grimes, Go-Tilt Construction*

**6th Place - Skipjac (306.0 points)**

*Bernard Paul-Hus, Hypower, Inc.*

**Blue Marlin (release 11:15 am) Master Plan**

**Blue Marlin (release 1:15 pm) Playpen**

**White Marlin (release 3:10 pm) Battle Wagon**

**Largest Kingfish - Chips Ahoy 46 lbs.**

**Largest Dolphin - Battle Wagon 38 lbs.**

**Largest Tuna - O-Sea-D 85 lbs.**

**Largest Wahoo - Barefoot 14.4 lbs.**

